

## Step #1 Colloidal Cleanser

- ✓ Superior makeup remover! Dissolves makeup and removes mascara
- ✓ Gentle and thorough eye makeup remover
- ✓ Removes surface debris

As natural oils begin to collect on the surface of your skin they become the perfect magnet for all of the pollutants around us, leading to clogged pores and dull, dry skin. Colloidal Cleanser is the perfect formulation to break up that mask of oil and pollutants, clearing the way for deep cleansing of the skin.

### Instructions for Use:

1. Wet hands and apply dime-sized amount to fingertips.
2. Gently apply in light circular motions.
3. Remove with a warm, damp cloth.
4. Rinse face with warm water and pat dry.

### Frequency of Use:

Use morning and night as part of your daily skin care regimen.

### Ingredients:

Water, Diethylhexyl Adipate, Ethylhexyl Stearate, Ethylhexyl Palmitate, Sucrose Cocoate, Stearic Acid, Cetearyl Alcohol, Ceteareth-20, Retinyl Palmitate (Vitamin A), Tocopheryl Acetate (Vitamin E), Panthenol (Pro-Vitamin B5), Calendula Officinalis Flower Extract, Phenoxyethanol, Methylparaben, Butylparaben, Ethylparaben, Propylparaben, Triethanolamine, Carbomer, Allantoin.

## Step #2 Lathering Cleanser

- ✓ Gentle, yet thorough, deep cleanser
- ✓ Leaves skin clean, never taut
- ✓ Helps speed natural exfoliation

All the benefits of a good scrub with soap and water, but without the harsh, drying effects. Leaves your skin perfectly clean, soft and feeling fresh.

### Instructions for Use:

1. Apply dime-sized amount to palm of hand.
2. Add small amount of water and work up a lather.
3. Apply all over face and neck with gentle, circular motion.
4. Remove with warm, damp cloth, rinsing cloth 3 times.
5. Splash with warm water and pat dry.

### Frequency of Use:

Oily Skin Use twice daily, more often if skin is extremely oily  
Normal/Combination Skin Use morning and night as part of your daily skin care regime  
Dry/Very Dry Skin Use once a day or less, depending on dryness of skin

### Ingredients:

Ammonium Lauryl Sulfate, Water, Cocamidopropyl Betaine, Glycol Distearate, Cocamide MEA, Sodium Laureth Sulfate, Laureth-10, Lauramide DEA, Panthenol (Pro-Vitamin B5), Hydrolyzed Soy Protein, Methylparaben, Allantoin, Methylchloroisothiazolinone, Methylisothiazolinone, Tetrasodium EDTA, Tocopheryl Acetate (Vitamin E), Citric Acid

## Step #3 Natural Conditioner

- ✓ Light formula penetrates instantly
- ✓ Enriched with antioxidants
- ✓ Instantly softens skin, leaving a healthy glow

- ✓ No mineral oil to clog pores

There is no better time to nourish your skin than when it is perfectly clean. This lightweight super-enriched vitamin formula penetrates instantly to nourish and condition your skin.

### Instructions for Use:

1. Cleanse with Steps #1 and #2, pat dry.
2. Apply a nickel-sized amount to fingertips.
3. Smooth all over face and neck with gentle, circular motions.
4. Smooth all around eye area.

### Frequency of Use:

Use morning and night as part of your daily skin care regimen.

### Ingredients:

Deionized Water, Helianthus Annuus (Hybrid Sunflower) Oil, Stearic Acid, Propylene Glycol, Cetyl Alcohol, Tocopheryl Acetate (Vitamin E), Retinyl Palmitate (Vitamin A), Cholecalciferol (Vitamin D3), Triethanolamine, Methylparaben, Allantoin, Propylparaben, Tetrasodium EDTA, Methylchloroisothiazolinone, Methylisothiazolinone

## Step #4 Protective Toner

- ✓ Protects the skin against environmental pollutants
- ✓ Brings skin to perfect pH balance

- ✓ Witch Hazel is a gentle astringent

- ✓ Aloe Vera adds healing properties

- ✓ Alcohol-free

Your skin is clean and nourished, now it is time to protect against the harmful environmental toxins we encounter every day. This hydrating toner normalizes and protects, while balancing the skin's natural pH to its optimum level.

### Instructions for Use:

1. Use after application of Steps #1, #2 and #3.
2. Splash or mist a generous amount on face and neck.
3. Allow to penetrate and dry naturally before adding moisturizer.

### Frequency of Use:

Use morning and evening as part of your daily skin care regimen.

### Ingredients:

Water, Aloe Barbadensis Leaf Juice, Hamamelis Virginiana (Witch Hazel), Polysorbate 20, Panthenol (Pro-Vitamin B5), Phenoxyethanol, Methylparaben, Butylparaben, Ethylparaben, Propylparaben, Glycerin, Allantoin, Citric Acid

## Step #5 Ultimate Conditioner

- ✓ Provides lightweight conditioning
- ✓ Conditions with vitamins A,E
- ✓ Contains hydrating oils such as Wheat Germ, Linseed and Avocado

This hydrating conditioner carries a healthy dose of anti-oxidants to hydrate your skin, help retard the aging process and re-texturize your skin to restore that natural healthy glow.

### Instructions for Use:

1. Use as last step in 5-part system
2. Apply nickel-sized amount to fingertips
3. Smooth all over face and neck in a gentle, circular motion (avoid eye area)

### Frequency of Use:

Use morning and evening as part of your daily skin care regimen  
Use more frequently when skin is extra dry, or in very cold weather

### Ingredients:

Water, Caprylic/Capric Triglyceride, C 12-15 Alkyl Benzoate, Glycerin, Glyceryl Stearate, Guerbet Ester, Dimethicone, Sodium Acrylate/Acryloyldimethyl Taurate Copolymer, Isohexadecane, Polysorbate 80, Isnononyl Isnonanoate, Oenothera Biennis (Evening Primrose)